

PREPARATION FOR UPPER ENDOSCOPY

(ESOPHAGOGASTRODUODENOSCOPY)

NPO MIDNIGHT

(Nothing to eat or drink after midnight or the morning of your procedure.)

PLEASE FOLLOW THESE INSTRUCTIONS:

1. Take your forms to outpatient registration today so your paperwork may be completed. You will be sent to the lab for routine bloodwork.
2. Remember to have nothing to eat or drink the night before or the morning of the procedure. Only take your blood pressure medication or heart medication with a tiny sip of water. Hold off on all other medications until after the procedure.
3. Report to the admission window at the lobby of the hospital at _____. The hospital personnel will contact the nurse and you will be taken to the proper examining room.
4. You will be sedated during the procedure and the doctor will discuss his finding with you after the procedure. The medication given may cause you to forget, therefore, if you have any questions afterwards, please contact our office.
5. You will stay for a brief time after the procedure. **YOU WILL NOT BE ABLE TO DRIVE YOURSELF HOME, THEREFORE, BRING SOMEONE THAT WILL BE ABLE TO DO SO.** The driver should be prepared to remain at the hospital until you are discharged.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL OUR OFFICE 686-7004.

Please understand that if DR. TOZER is called to an emergency your time may be shifted, rescheduled, or there may be a brief wait. We try to avoid unnecessary waiting, but we appreciate your patience if this can not be prevented.